

Farmers Market Tour!

Join FoodWise, this Summer, for a tour of the Wisconsin Rapids
Downtown Farmers Market!

Tour includes:

- Walk-thru of the farmers market
- Tips on selecting & using produce
- Recipe ideas
- How to process EBT, Credit/Debit and FVRx transactions



Every participant receives a \$5 gift in market tokens!

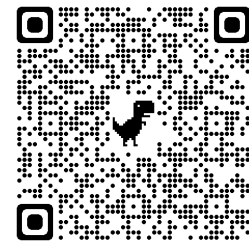
Pre-register or simply show up at the date and time for the tour.

Tour is **FREE** and open to anyone.

Scan the QR code or follow the
link below to register:

<https://bit.ly/FarmersMarketTours>

QR Code



Tour Dates:

- Thursday, July 7, 10am
- Thursday, August 25, 10am
- Thursday, September 22, 10am

Tour Location:

Tour is held at the Wisconsin Rapids
Downtown Farmers Market on 1st Ave
South between W. Grand Ave. and Goggins
St.

Upon arrival, meet at the orange Market
Managers tent.



With Nutrition Educator Hannah



**FOOD
WISE**
Healthy choices, healthy lives.

UW-MADISON EXTENSION

FoodWise is supported by the USDA Supplemental Nutrition Assistance Program (SNAP), UW-Extension, FoodShare Wisconsin, and local partners. In Wisconsin, FoodShare can help provide a healthy diet. To find out more about FoodShare call 1-888-256-4563 or go to <http://access.wisconsin.gov> An EEO/AA employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX and Americans with Disabilities Act (ADA) requirements.