

Cooking Matters at the Store

GROCERY STORE TOUR

Upcoming Tour Dates:

Walmart in Plover

May 19: 10am & 7pm

July 21: 10am & 7pm

September 15: 10am & 7pm

Walmart in Wisconsin Rapids

June 16: 10am & 7pm

August 18: 10am & 7pm

*Spanish & Hmong interpretation
available upon request*

*Looking to eat healthier,
and save money too?*

Learn how to “shop for health” at your local Walmart. Tours include info on choosing healthy foods on a budget, the trick to item-pricing, and tips on reading food labels! Every participant receives a reusable grocery bag and a \$10 grocery store gift card!

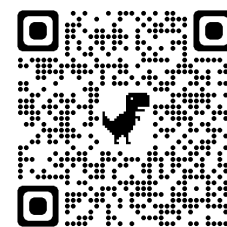


REGISTER TODAY!

Call: 715-343-6254 , Email: penny.schmitt@wisc.edu, or

Call: 715-421-8530 , Email: hannah.wendels@wisc.edu, or

by filling out this form: <https://forms.gle/1Ssj6TQD7Vw4CosJ6>



Invite a friend along! Learning is more fun with a friend!

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Extension
UNIVERSITY OF WISCONSIN-MADISON

