

Activity Award Selection

(Submit with a portfolio)

Please read the following before filling out your forms:

1. Members: please complete your Activity Reflection Form(s) in your own words, to the best of your abilities. In order to be considered for an award, your forms must be completed with detail and thought. Please pay attention to spelling, grammar, and punctuation.
2. One Activity Reflection Form completed for each activity, limited to 2 activities per member.

Name: _____ Grade: _____

4-H Activity Areas

Select up to 2 activity areas. A completed Activity Reflection must be included in your portfolio for each activity selected.

- ☐ Achievement
- ☐ Citizenship and Civic Engagement
- ☐ Community Service
- ☐ Judging
- ☐ Leadership
- ☐ Mentorship
- ☐ Music

- ☐ Performing Arts
- ☐ Personal Development
- ☐ Public Speaking
- ☐ Quiz Bowl
- ☐ Other: _____
- ☐ Other: _____

Activity Reflection Form

Name: _____

Grade: _____

Years as a Member: _____

Club: _____

This section will show what things were accomplished in 4-H that are not directly related to a specific project. Please select no more than three (3) of your favorite activities to reflect upon.

What was the activity?

What did you do during the activity?

How did it make you feel about yourself or others?

Would you participate again? Why or why not?